

Terrorism

The chance of being caught in a terrorist incident remains low, but the threat of terrorism in the UK is real. It's important to be prepared and know how to protect yourself if you need to. This is true in the UK, but also if you are planning to travel overseas.



Remember

RUN – to a place of safety.

HIDE – It's better to hide than to confront.

TELL – the police by calling 999.



What can you do before, during and after?

Before

- ✓ Be vigilant – when in public places keep a watch for suspicious behaviour, vehicles, or packages.
- ✓ Report – if you see anything you are suspicious of report it, in confidence, to the Anti-Terrorist Hotline on 0800 789 321 or in an emergency to your local police force using 999.
- ✓ Share a concern – if you are worried about someone you know being radicalised, trust your instincts and call (in confidence) the ACT Early Support Line on 0800 011 3764. Open daily between 9am and 5pm.



During

If you are caught up in a terror attack you should take the following steps.

- ✓ RUN – to a place of safety. This is a far better option than to surrender or negotiate. If there is nowhere to go, then...
- ✓ HIDE – It's better to hide than to confront. Remember to turn your phone to silent and turn off vibrate. Barricade yourself in if you can. When it is safe to do so...
- ✓ TELL – the police by calling 999.

After

- ✓ Victim Support provides a free 24/7 confidential support line on 0800 168 9111 or via their website in live chat.
- ✓ Childline offers a support service on 0800 1111 providing access to speak to a counsellor.
- ✓ Contact your GP or call NHS 111 for non-emergency medical advice and mental health support.
- ✓ There may be a charitable fund set up following an attack, which may provide some support.
- ✓ Anyone directly affected in a terrorist incident can enquire about applying for compensation via the Criminal Injuries Compensation Authority helpline on 0300 003 3601.