



Hello & *Welcome*

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Grants & Relationship Manager - Sussex Community
Foundation



Agenda

About Us



Our Funding
Priorities



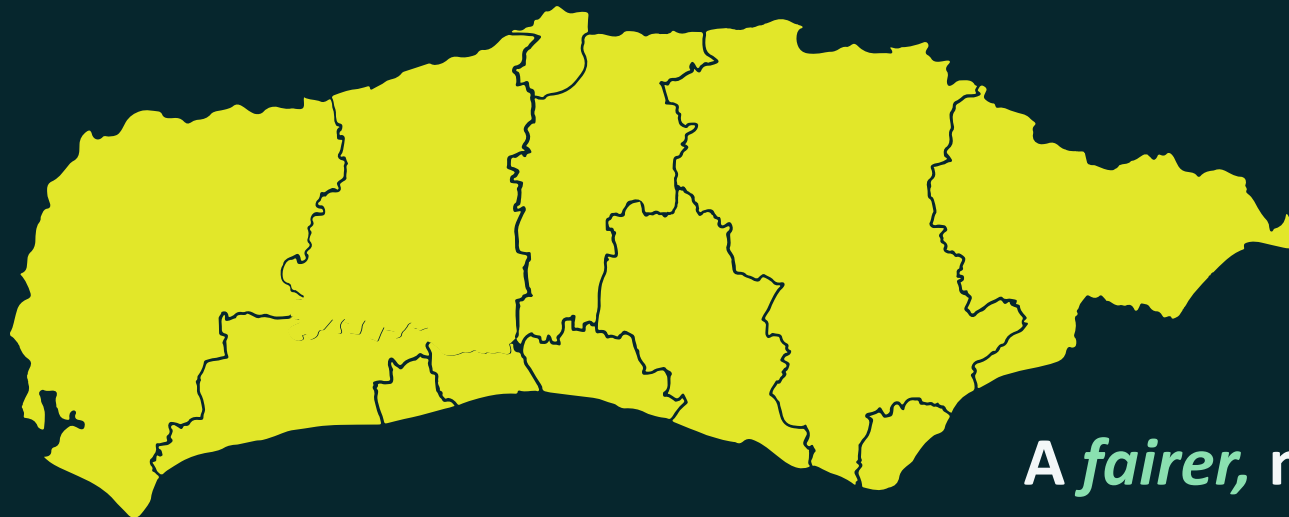
Our Grants
Process



Advice & Tips



Contact Details
& Resources



A fairer, more equal Sussex

About Us

One of 47 UK-
based Community
Foundations

Place-based
funder covering
all of Sussex

Supports
grassroots
organisations and
charities

Funding
addresses need &
disadvantage in
communities

Partnerships with
philanthropists,
local trusts and
businesses

Sustainable
Income through
our Endowment
Funds



Our *impact* in 2025/26



**£2.3
million**

Awarded in Grants



441

Grants Given



110

Corporate, Family,
Individual Fund Holders

Our Funding *Priorities*

01 Tackling Poverty

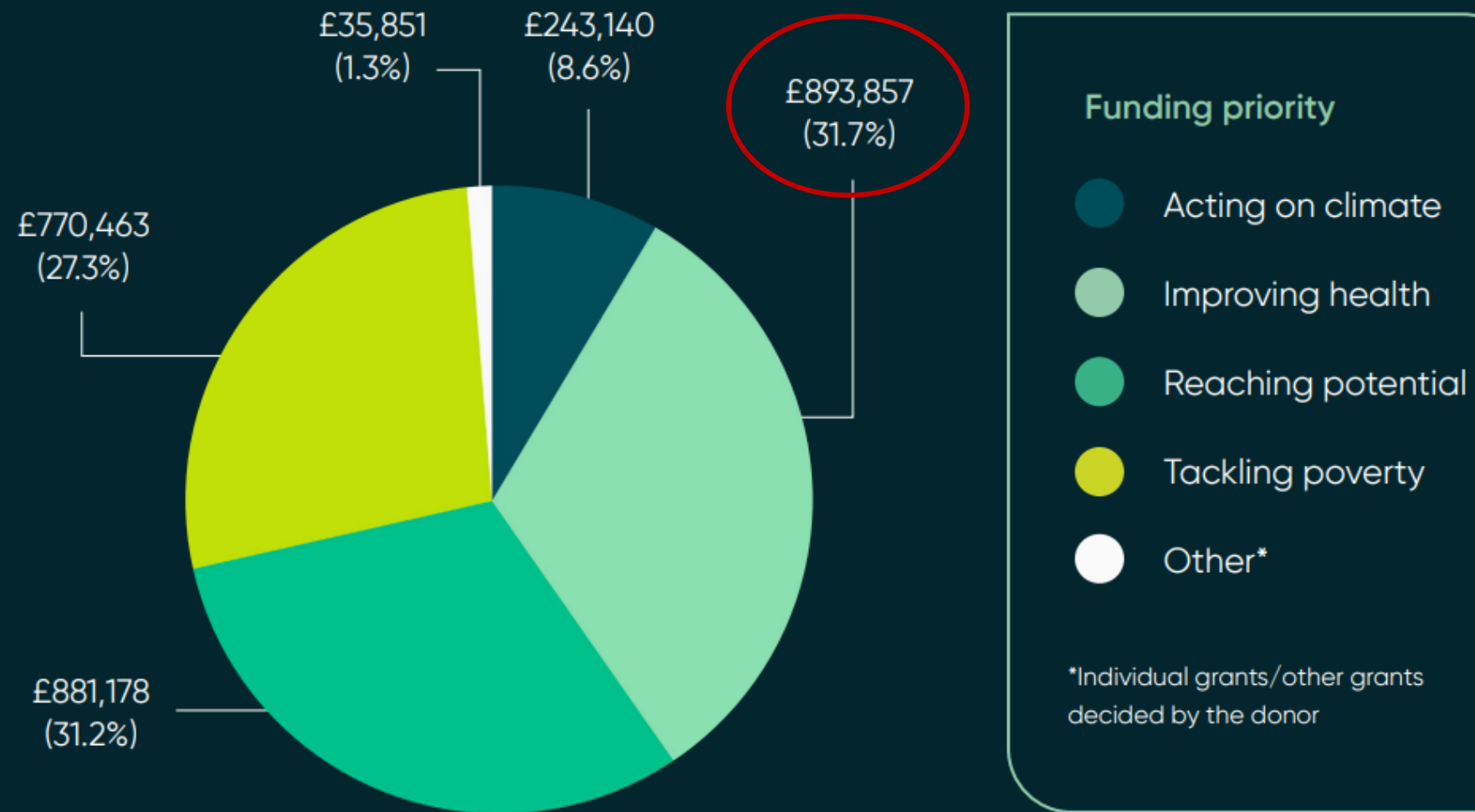
02 Acting on Climate

03 Reaching Potential

04 Improving Health



Grants given by funding priority



Improving Health:

We are helping people who:

- Have physical and mental health needs that aren't being met
- Would like to live healthier, more active lives
- Have life-limiting conditions and disabilities

By supporting organisations that:

- Offer counselling and other therapies
- Work to reduce health inequality and improve life expectancy
- Run health, wellbeing, sports or activity programmes
- Support people with life-limiting conditions and disabilities
- Improve dignity for older people



Improving Health Report

Feb 2026



1. Multiple Health Problems in our coastal communities
2. High levels of disability and poor health among working age adults
3. High and rising adult mental health needs
4. Overlapping health challenges for young people in disadvantaged areas

Multiple Health Problems in our coastal communities

48 Neighbourhood are in the top 10% most deprived in England, based on the Index of Multiple Deprivation – Around 80,000 people.



Arun	Bognor Regis Central	One LSOA in top 10% most deprived on IMD, >9.8% report bad health; high self-harm and emergency admissions; notably above England average in acute admissions
	South Bersted	One LSOA in top 10% most deprived on IMD, very high emergency admissions; >9.8% bad health; very high health deprivation
	Wick & Toddington	Two LSOAs in top 10% most deprived on IMD, high emergency admissions; high diabetes and obesity, high mental health needs

High Levels of Disability amongst working age adults

Long term health conditions and disability amongst working-age adults present a significant and growing challenge across Sussex, particularly on the coast and in deprived areas.



Indicator	East Sussex	West Sussex	South East	England
High Blood Pressure prevalence	17.43%	16.32%	14.69%	14.63%
Obesity prevalence	10.47%	10.48%	10.31%	11.55%
Diabetes prevalence	7.48%	7.58%	6.92%	7.54%
Pre-Diabetes prevalence	7.65%	9.23%	6.51%	7.18%
Asthma prevalence	7.06%	7.26%	6.46%	6.60%
Chronic Kidney Disease prevalence	6.19%	4.84%	4.10%	4.27%

Table showing estimated prevalence of no. different health conditions

Adult mental health needs are higher than average and getting worse



New diagnoses of depression have risen since 2022.23, particularly in East Sussex

Area Name	Indices of Deprivation (IoD) 2025 Mental Health Indicator (Score)	Small Area Mental Health Index (Score)	Loneliness Index (Score)	PIP mental health claimants	IB/ESA mental health claimants
East Sussex	0.35	1.06	1.66	4.01%	1.84%
West Sussex	-0.10	0.74	0.84	2.84%	1.37%
South East	-0.21	0.57	0.88	2.91%	1.30%
England	-0.02	0.67	0.07	3.62%	1.70%

Arun has the second highest number of hospital days for intentional self harm across both east and west sussex.

Source: IoD (MHCLG, 2025); SMHI (Place-Based Longitudinal Data Resource (PLDR), 2022); Loneliness Index (ONS Data Science Campus /NHS /Red Cross, 2019); PIP (DWP Jan-25); IB/ESA (DWP, May-24)

Overlapping Health challenges for young people in disadvantaged areas

Children and young people in some of Sussex's most deprived areas face disproportionately high levels of caring responsibility, disability and mental health need.

4.58% of children in Yapton & Climping (Arun) are carers for adult relatives, higher than England average

Child hospital admissions for mental health conditions are notably higher for females than males, particularly in Brighton and Hove



Our Grants Process



Closing dates
of September,
January and
May



10 weeks from
deadline to
outcome



Grants of up to
£10,000 over
one year

Fund
Organisational
Running Costs
and Project
Costs



Supports not-
for-profit
organisations
with an income
of less than £2
million

Online application
form on our
website:

www.sussexcommunityfoundation.org

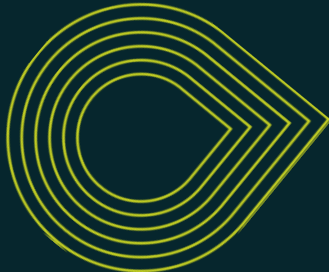
Our Grants Timeline

Week One



Application
Submitted
With
Supporting
Documents

Weeks Two & Three



Grants Team
Carry Out
Eligibility
Checks

Weeks Three & Four



Applications
Assessments

Weeks Five to Eight



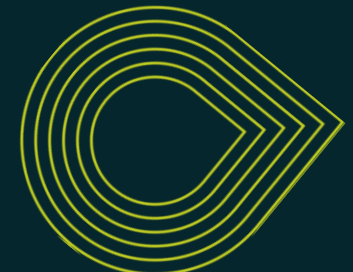
Applications
Presented To
Donors/Panels

Week Nine



Grants
Committee
Meets

Week Ten



Decisions
Shared With
Applicants

A fairer, more equal Sussex

Advice & Tips for *Applicants*



Read the Guidance Carefully

Check your organisation's eligibility & fit with our priorities. Read our advice on how to apply. Contact your local Voluntary Action!

01



Apply in Good Time

Deadline is at midnight on the date advertised. Plan ahead. Try not to leave applying to the last minute!

02



Provide Clear Case for Support

Consider the need you are trying to address. Use data and storytelling to illustrate your case.

03



Demonstrate the Impact you want to make

How will this funding help you to meet your aims? What difference will it make?

04

Grant Rounds

Autumn 2026

Applications Open: Monday 17th August

Applications Close: Friday 11th September

Notifications issued: By Friday 27 November

Summer 2027

Applications Open: Monday 19th April

Applications Close: Friday 14th May

Notifications issued: By Friday 30th July

Spring 2027

Applications Open: Monday 14th December

Applications Close: Friday 8th January

Notifications issued: By Friday 26 March

Advice & Tips for *Applicants*



Be realistic about your budget & costs

Clear and concise.
Based on quotes or evidence
& experience. Related to the
wider application!

05



Check your supporting documents

List of documents is in the
guidance and on the
application form. We can't
consider your application
without this.

06



Find a suitable referee

Contact your referee before
applying to us.

07



Contact us for help and advice

If in doubt about anything call
or email a member of the
team.

08

Contact *Us*

Website

www.sussexcommunityfoundation.org

Sign up for our Newsletter!

Telephone

01273 409 440

Email

grants@sussexcommunityfoundation.org

Thank you
for listening



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